



Limits of Confidentiality

Contents of all therapy sessions are considered to be confidential. Both verbal and written records about a client cannot be shared with another party without the written consent of the client or the client's legal guardian. Noted exceptions are as follows:

Duty to Warn and Protect

When a client discloses intentions or a plan to harm another person, the mental health professional is required to warn the intended victim or report this threat to the appropriate authorities. In cases which the client discloses or implies a plan for suicide, the mental health professional is required to notify legal authorities and make reasonable attempts to notify family of the client and any other individual or entity as allowed by the law.

Abuse of Children and Vulnerable Adults

Mental health professionals are required to report any pertinent information about abuse of a child or vulnerable adult. A report may be filed if a client states or suggests any of the following:

The Client is abusing a child (or vulnerable adult)

The Client recently abused a child (or vulnerable adult)

The Client reveals that a child (or vulnerable adult) is in danger of abuse

Insurance Providers (when applicable)

Insurance companies and other third party payers are given information that they request regarding services to clients. Information that may be requested includes types of services, dates/times of service, diagnosis, treatment plan, description of impairment, progress of therapy, case notes and summaries.

Courts

If your records are requested by a valid court order, we must comply with the court order.

I agree to the above limits of confidentiality and understand their meanings and implications.

Patient Signature: _____

Date: ___/___/_____